Working Group for Older People - Agenda Item 8 (i)

N.P. Report February 2014

The Working Group for Older (WGOP) People aims to promote the health, well-being and quality of life for older people within this N.P. area

The WGOP held their AGM on December 11th 2013. (see Chairman's report as in papers for the N.P held on 2.12.13)

<u>The Booklet:</u> As previously reported, the WGOP, in conjunction with LinkAge, are producing a Booklet giving information and contact details about many of the activities for people over 60 years of age living in the area of Henleaze, Westbury-on-Trym and Stoke Bishop.

This project is in line with our main aim (as set out above) and to encourage those older people who have difficulty using public transport to get out and join in with local activities. It is also felt that it would assist older people moving into the area

The Booklet contains details of some 42 activities for people of this age group and also further information about other groups and organisations in this area.

We have found it has taken far longer than we predicted to collect and verify all this information and the committee have been working very hard to get it ready for printing at the end of February ready for a launch in March.

LinkAge have managed to get sponsorship for the printing of 1,000 copies from Wilshire Farm Foods and it is intended that it will be published three times a year. The Booklets will be distributed to specifically targeted individuals and groups.

<u>Pick Me Up Activities</u>: Our next trip is planned for May 7th to Woodford Lodge, Chew Valley. This will be confirmed after a successful pre-run.

The next meeting of the WGOP is on Wednesday April 2nd 2014 at Waterford Meeting Room THUR Church, Waterford Road, Henleaze.

Sue Boyd

On behalf of the WGOP Committee -(Val Bishop, Gay Huggins, Wendy Hull and Councillor Glenise Morgan)